

The Study Guide

Preppy's Study Guide can help you tackle college courses while getting higher grades in less time with less stress. Use this guide for each course.

Warm-Up

Take 5-10 minutes before class to preview info that will be covered in lecture. Scan chapter summaries, jot down key words, or watch related videos on YouTube.

STEP
01



STEP
02



Engage

Go to class! Take notes.
Ask questions.
Participate.

Secure & Transform

Within 24-48 hours after class, review info from lecture and create a clean and improved version of your notes.

STEP
03



STEP
04



Study

Schedule 1-2 short (25-50 mins.), intense, focused study sessions throughout the day. Set small goals to accomplish during your session (i.e. finish 5 problems, write one paragraph, learn one section.)

Test

Test yourself after each study session. Re-work problems, draft short essays, or answer end-of-chapter questions.

STEP
05



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www.preppy.com
bepreppy.com/tools

Adapted from Frank Christ PLRS System & LSU
Center for Academic Success' Study Cycle.